



Make Wellness a Family Affair

We're excited to once again invite spouses and domestic partners who are enrolled in an MPC medical, dental and/or vision plan to participate in Marathon Petroleum's Well ALL Ways Program. You can start with our simple, new wellness portal to develop stronger well-being together.

REGISTERING IS EASY!

Go to www.mympcwellallways.com to create your new account. After selecting the spouse/domestic partner option, follow these steps to register:

1. Click the "Sign Up" link.
2. Select that you're a spouse/domestic partner from the drop-down Affiliation menu.
3. Enter your own date of birth.
4. Enter your spouse/partner's employee ID but add an "S" at the end. (Example: 12345678S).
5. Provide first and last name and your email address. (This email address will be your username.)
6. Create a password.

Your privacy and GINA rights are important to us, so you'll also be asked to read and accept their terms. Once you're done creating an account, you can complete the online Health Assessment or choose to complete it later. Then, you'll be prompted to join a team to complete your registration. To get started, select "TEAM OF ONE." You can always start or join a team later for motivation and support.

WELL-BEING HAS REWARDS

Eligible spouses and domestic partners can earn \$200 for participating in the Well ALL Ways Program. To qualify:

- Register for your new wellness portal account
- Complete an annual preventive physical
- Submit the Preventive Physical Form (available on the portal) by December 31, 2020

Plus, participate in healthy activities like health coaching, personal wellness goal-tracking challenges and more to collect points for the chance to be entered in quarterly raffles for Amazon gift cards!

Visit www.mympcwellallways.com to register today and learn more.

